INTERNATIONAL BIODANZA FEDERATION

NEWSLETTER 8

DECEMBER 2024

Images of Didacta courses in 2024

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Remember that you can access previous newsletters through the Federation's website: www.biodanza.org/newsletter/

LETTER FROM THE BOARD

Dear colleagues of the Biodanza community:

We are coming to the end of 2024, a year that has been full of work from the Federation in favour of Biodanza and of continuing to spread Rolando Toro's message.

One of the most important milestones, as we mentioned in the previous newsletter, was the celebration of the first IBFed World Congress, which was attended by more than 2,000 people from 49 countries from the 5 five continents and which also hosted an important meeting of more than one hundred directors.

Another very important event for our movement that has started in 2024 and will be completed next year are the Didacta Courses. Between its three editions in South America, North-Central America-Venezuela and Europe, about 500 new didactas are being trained, with a new improved course format, in order to continue expanding Biodanza in this world of ours so much in need of it.

Another milestone we want to highlight is the creation within the Federation of a working commission on Biodanza and gender to address this important issue of our times. Coordinated by our specialist colleague Danielle Tavares, it is currently in the process of being set up, with an open call to associations of directors, facilitators and didactas. We will keep you informed of its progress in 2025.

The Board of Directors would like to thank the other bodies of the Federation (Methodology, Ethics and Communication Commissions) for all the hard work they have done during 2024 and which will continue in 2025, the last year of the period for which we have been elected.

Our most sincere wishes for peace and love this Christmas season and that 2025 will continue to open our hearts to put Life at the centre.

IBFed Board (Andreina Acri, José Neves, Angelica Scotti, Gill Piras, Luzvian Saray, Roberto Farias and Fernando Tucho)

LETTER FROM THE METHODOLOGY COMMISSION

Beloved universe of Rolando Toro Araneda.
At one point in his life, he told us ....

"Music was the universal language, the only one we can all understand in the Tower of Babel of the world.
Dance was the ideal way to integrate body and soul.
It could communicate happiness, tenderness, and strength to all participants.
And I wanted to share all this with a large number of people..."

(Fragment of the introduction by Rolando Toro in his book Biodanza. Editorial Índigo. Chile. 2007)

Today those people are the ones who give their message to the world, as caretakers of their legacy: Facilitators, Didactas and Directors of Biodanza School.
You and I, we, all the biodanzantes of Planet Earth.
United in this mission, the IBFed Methodology Commission has been working continuously for two years with a lot of enthusiasm.
We are pleased with Rolando's words to wish you the warmest greetings for this holiday season:

Happiness, tenderness, strength and health.
Happy New Year 2025

Methodology Commission

The Methodology Commission, year 2024, was composed of:
Myriam Sofía López, Colombia. General coordinator of the commission.
Sergio Cruz, Italy. Subcommittee on Music and Exercises.
Emilse Inés Pola, Argentina. Subcommittee on Music-Exercises and Science and Research.
Marcus Stueck, Germany. Subcommittee on Music-Exercises and Science and Research.
Fernanda Morixe, Chile. Subcommittee on Notes, coordinator of the pilot project.
Angelina Pereira, Brazil. Notes Subcommittee.
Gabriela Freyhoff, Germany. Notes Subcommittee.
Maite Bernardelle, Spain. Notes Subcommittee.
Juan Francisco Gavilán, Chile. Science and Research Subcommittee
Sandra Salmaso, Italy. Subcommittee on Applications and Extensions
Lea Isabel Zamora, Mexico. Subcommittee on Applications and Extensions

LETTER FROM THE ETHICS COMMISSION

As per the mandate from IBFed's General Assembly, the Ethics and Deontology commission has issued a text proposal. It is ethical in nature and was titled : «Agreement for harmonious coexistence». This Agreement has been sent to all IBFed members and Facilitator's associations. Check it out and/or ask your association.

Participation of our Biodanza community is essential for its conclusion. The commission has set 2025, january 15 as a new deadline for receiving structured comments (as per the annexed contexted document). Then, we will embody all valid feed-back and present the final version to the Assembly for validation and go-live.

Amongst many topics, the document contextualises most of the relational situations that we (all those involved in biodanza) can face: conflicts of power and authority, various kind of abuses -including sexual ones-, intercultural and/or emotional issues, etc.

We are aware that there are unresolved/difficult issues in the Biodanza movement. We trust that this document is a pivotal first step that will help to handle and resolve most of them and especially to prevent new ones.

As soon as the General Assembly approves the text, we (facilitators, associations, schools) can then start working with it – and see how helpful it is for our harmonious coexistence. And we (Ethics and Deontology commission) will start working on various important issues for the Biodanza community to continue growing up in effective affectivity.

LETTER FROM THE COMMUNICATION COMMISSION

The Communications Commission continues to work to improve communication and participation within the Federation. Here are some of our latest developments

BIODANZA DISSEMINATION CAMPAIGN

The IBFed is going to make an important investment to develop a campaign to promote Biodanza at an international level with the help of the communication agency Goose & Hooper. We invite you to follow our networks and to spread them, all the shared contents can be reused for your own networks!

CONTACT WITH FACILITATORS' ASSOCIATIONS

Promoted and organised by the Communication Commission, from the IBFed we have been making regular contacts with the national associations of Biodanza facilitators in order to advance in a better relationship within the Biodanza movement. These steps will allow each organ of the Federation to have a space for direct communication with the associations. We are also working to strengthen relations at the national level between associations of facilitators and associations of schools.

INTERNATIONAL BIODANZA FESTIVAL

Organised and facilitated by young people from all over the world, DANZA FOR U, an international Biodanza festival will take place **from 17 to 20 July at Lago delle Lame** (Genoa, Italy).

As the organisers tell us,

“"we will dance life in deep contact with nature and friends. 💫 DANZA FOR U 💫 dances for you and for you, for young people, for the new generation of Biodanza, for the Universe and Unity. Book your dates and book your flights! We are waiting for you!"”

A call for facilitators, artistic and holistic workshops or volunteer staff will be opened soon. Look for them in the networks.

NEW SCHOOLS

We welcome new schools to join our Biodanza community.

SCHOOL	COUNTRY	DIRECTION	ASSOCIATION
ESCUELA DE BIODANZA SRT “Rojas Luba”, Rojas-PBA	ARGENTINA	Norberto López y Paula Martín	ADEBA
ESCUELA DE BIODANZA SRT “Vítálida”, Teruel	ESPAÑA	Alicia Santos	AEBE
ESCOLA DE BIODANZA SRT - “Das Termas”, Santa Caterina	BRASIL	Constantino Rodrigues de Freitas	REDE BRASIL

PUT YOUR HAND ON MY HEART

Put your hand on my heart

protect this turbulent sea,

these dreams of vanished ships,

these wandering voyages,

brother, put your hand on my heart.

Watch over me in this night of the end of the world

and save me from the packs of death

and deliver me from the ecstasy of the cherry blossoms.

I want to stay here,

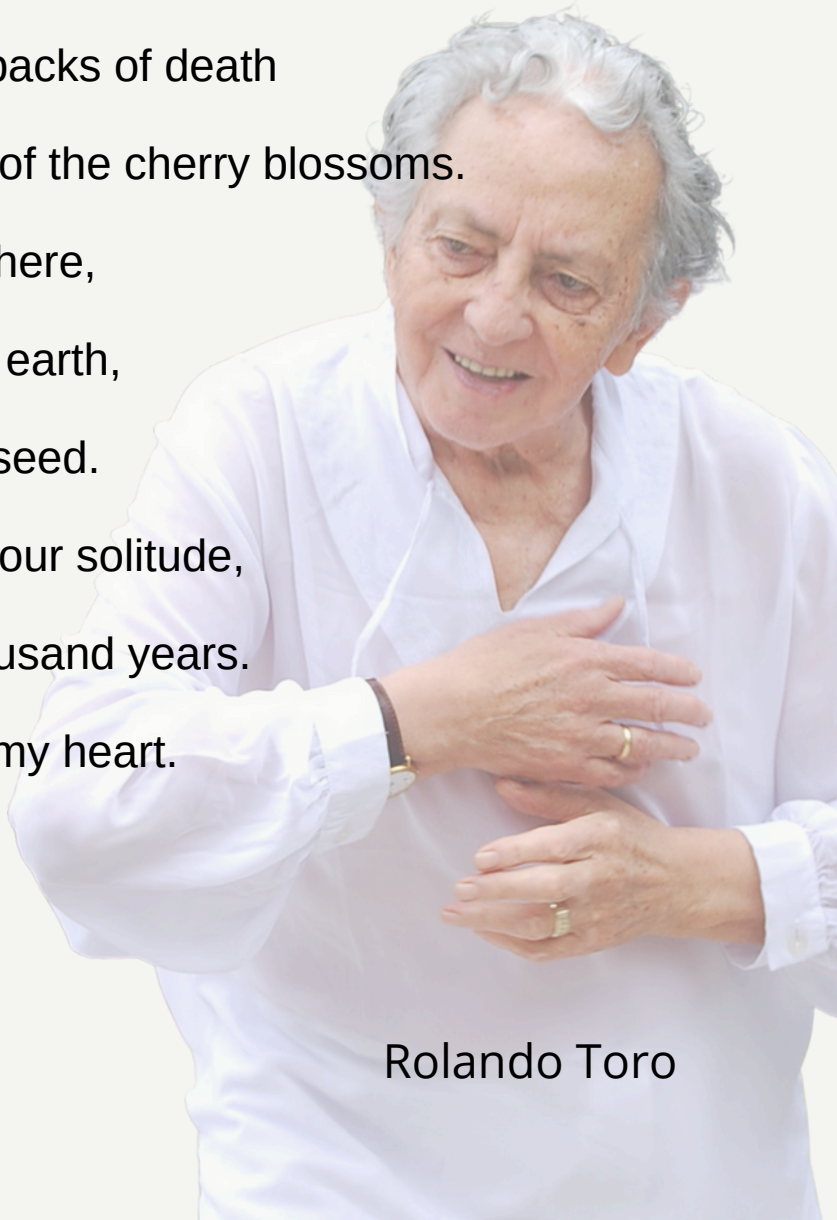
so close to the earth,

as a sleeping seed.

Watch over me with your solitude,

with your age of a thousand years.

Put your hand on my heart.



Rolando Toro

Foto: Valu Ribeiro